

An aerial photograph of a dense forest. The trees are in various stages of autumn, with some showing vibrant yellow and orange foliage, while others remain green. A soft, white mist or fog hangs in the air, partially obscuring the tops of the trees and creating a serene, ethereal atmosphere. The lighting is soft, suggesting early morning or late afternoon.

Reset Clearing

Step into
Health Sovereignty

Reset Clearing
Foundation

Training Course

26-27 September 2026

Bosham, Sussex

Reset Clearing Foundation Course

26–27 September

Bosham, near Chichester, Sussex

Step into Health Sovereignty

Spend two immersive days learning the core Reset Clearing tools and unlock your body's remarkable capacity to restore balance, harmony and wellbeing. Reset Clearing works by identifying and clearing the deeper patterns behind emotional, mental and physical challenges, rather than working only with symptoms.

Whether you're looking to transform your own wellbeing, support friends and family, or begin your journey toward becoming a Reset Clearing Facilitator, you'll leave with a strong foundation you can begin using immediately - and continue building on as your confidence grows.

What You Will Learn Over Two Days

Over the weekend, you'll learn how to transform your own patterns - health, money, relationships, direction - without handing the job to anyone else. You'll leave with tools you can use on yourself, your friends and your family for the rest of your life.

Your body keeps a record of everything that has happened to you, rather like files on a hard drive. This includes energies and imbalances passed down the family line that may be holding you back. Your body knows what the trouble is and where it started, even when you don't. Over two days, you'll learn how to find these records and clear them, often in seconds.

What Can Be Addressed with Reset Clearing

- Painful memories, old emotions and unquestioned beliefs
- Shock and trauma - including inherited trauma that was never yours
- Parts of ourselves that shut down after something hard
- Old relationship pain, heartbreak, or difficulty letting others close
- Deep layers you didn't know were there
- Symptoms that never felt like they truly belonged
- Patterns of failure or self-sabotage that repeat no matter what we try
- Recurring dynamics with one particular person
- Unfinished business with someone - living or long gone

Core Skills You Will Learn

- **Reset tools for emotional and physical wellbeing:** For example, if dogs make you anxious, the original incident might be a bite at age ten - or something inherited. You don't need to know which. The tool finds it and clears it.
- **Energetic self-testing:** Ask your body questions and receive clear Yes/No answers to identify imbalances you wouldn't consciously know about.
- **Bringing anything into awareness:** Learn how to take a vague mood, block or symptom with no words - and turn it into something specific you can clear.
- **Clearing the point of origin:** Emotions and old shocks sit underneath much of what troubles people. You'll learn how to find the root so the pattern can let go, often in seconds.
- **Using your innate power:** to choose to go deeper into your own self-transformation.
- **Working with the physical body:** Test organs, glands and systems, and clear what they're holding.
- **How to strengthen your energetic core:** Your core is the centre that everything else runs off. When it is weak, health is compromised and recovery stalls no matter what else is tried.
- **Clearing what the body is still holding from medical treatment:** Procedures, drugs, vaccines and interventions can leave a residue behind long after the event. This is how you find it and clear it.
- **How to get your nervous system out of survival mode:** and keep it there.
- **Clear and protect yourself from harmful effects of man-made EMFs** from mobile phones, devices, phone masts etc.

Location - A Magical Sanctuary

The Green Door Centre • Bosham, nr Chichester, Sussex

This Foundation Course takes place at The Green Door Centre - a beautiful, self-contained sanctuary set within peaceful grounds. Surrounded by nature and away from everyday distractions, it offers the perfect environment to slow down, reconnect, and immerse yourself in a weekend of learning and transformation.

We couldn't imagine a more perfect place to learn and teach Reset Clearing together.

What's Included

- Full course notes and charts
- Access to three follow-up Student Calls
- A small group (maximum 30 students) for personalised attention
- Fully catered during course hours with hot drinks, healthy snacks, healthy lunch and an afternoon treat. All food is gluten-free and plant-based.

Cost: **£395** Repeating students: **£300**

Concessions and instalments

Are available, please contact: suzan@resetclearing.com

How To Secure Your Place

To book your place please pay a £100 deposit using this link:

<https://buy.stripe.com/8x25kE9NHcUj4OC5IUgQE0I>

You'll receive a booking confirmation via email.

Closing date: Friday 18 September, or sooner if the course becomes full.

Accommodation

Accommodation is not included and must be booked directly with the venue.

The Green Door Centre offers three beautiful wooden lodges nestled within the grounds, offering peaceful accommodation surrounded by nature. Sleeping up to three adults each, they're the perfect place to stay. Camper vans are also welcome.

For further info see:

<https://resetclearing.com/wp-content/uploads/2026/08/Green-Door-Accommodation-info.png>

To book or request alternative recommendations, contact: marianne@greendoorcentre.com

Further Opportunities

- Foundation and Advanced courses lead to Facilitator-level training.
- Reset Clearing integrates seamlessly with almost any therapeutic modality, enhancing and deepening its effectiveness.